

BURNET COUNTY 4-H



SEPTEMBER 2023

newsletter

UPCOMING EVENTS

WELCOME TO 2023- 2024 BURNET COUNTY 4-H

Swine Tags orders due to office by 12 noon on September 18.

Club Managers, check your email for 990 reminder. Get completed and submitted ASAP.

HELPFUL HINTS

Welcome to Helpful Hints!

This month, our helpful hint is about 4-H enrollment fees. From September 1 - October 31 the enrollment fee is \$25 per enrollment of 4-H Members. That will increase from \$25 to \$30 starting on November 1st - so get registered early to avoid the additional costs.

REMEMBER! Those participating in activities or competing in contests MUST be enrolled and approved members!

GET CONNECTED WITH BC 4-H

There are ALOT of ways to stay in the loop with all things 4-H!

Here is a quick list for you!

- 4-Honline: [HERE](#)
- County Webpage: [HERE](#)
- Facebook: [HERE](#)
- Remind: text @h8a86 to 81010
- Phone: (512) 756-5463

REMINDER

To participate in 4-H practices, events, livestock shows, and contest you MUST be enrolled as a 4-H member. Parents we also encourage you to enroll as well.

GENERAL 4-H UPDATES

Very Important

October 1, 2023 All 2022- 2023 email addresses will be deleted and replaced with registered 2023 - 2024 email addresses. We communicate news, dates, and deadlines through email. It is very important that you read all emails. If you have additional email addresses you want info sent to, send those to Stacy at stacy.barnett@ag.tamu.edu.

AG & LIVESTOCK UPDATES

For Ag & Livestock specific questions, contact Kelly at kelly.tarla@ag.tamu.edu or call the office at 512-756-5463

FAMILY & COMMUNITY HEALTH

Food & Nutrition Activity Meetings are beginning soon! There are two contests available: Food Show and Food Challenge. See details about each below.

While participation in County Food Show and District 7 Food Show contests is encouraged, it is not a requirement for participation in the meetings. **Please RSVP by phone call or email to Kailey to ensure we have enough supplies!**

Food and Nutrition - Food Show At the Food Show you choose a themed recipe from the contest categories and then prepare and present it to a panel of judges. During your interview, describe how you prepared it, nutrients, ingredients, personal dietary needs, and healthy substitutions. Participants will also be asked to demonstrate a pre-selected secret "skill."

Theme: *COOKING THROUGH THE DECADES*: Take a trip back in time and explore different dishes that were popular in years past!

Food and Nutrition - Food Challenge Teams of 3-4 receive a secret ingredient and have 40 minutes to create a dish. Teams then present their dish to judges who score on preparation, serving size, food safety concerns, and nutritional value.

Food Show meetings are HIGHLY encouraged for those looking to participate in Food Challenge. This contest is scheduled for Jan 24 in San Angelo. If you are interested in Food Challenge, please let Kailey know by September 29. Families will be contacted after that time to coordinate meeting schedule

For Family & Community Health specific questions, contact Kailey Roberts at kailey.roberts@ag.tamu.edu or call the office at 512-756-5463

FOOD & NUTRITION : FOOD SHOW MEETING DATES

September 19
September 26
October 3
October 10
October 17
October 24 - County Food Show
November 7
November 14
November 16 - D7 Food Show (Abilene)

6:00 PM at the
Burnet County Extension Office

PLEASE RSVP
by phone or email to ensure we
have enough supplies!

512-756-5463
KAILEY.ROBERTS@AG.TAMU.EDU

FUNDRAISER OPPORTUNITIES

We are so grateful to all of our 2022-2023 Burnet County 4-H Sponsors and we hope to add even more to our list for the 2023-2024 year!

LOOKING FORWARD

FRIDAY, SEPTEMBER 8

MAJOR SHOW BROILER ORDERS
DUE TO OFFICE BY NOON

THURSDAY, OCTOBER 19

COUNTY SHOW BROILER ORDERS
DUE TO OFFICE BY NOON

**SHEEP, GOAT, HEIFER
VALIDATION @ BURNET COUNTY
FAIR BARN 4:30 PM - 6:30 PM**

TUESDAY, OCTOBER 24

FOOD & NUTRITION - COUNTY
FOOD SHOW; MORE
INFORMATION WILL COME
CLOSER TO EVENT TIME.

**SHEEP & GOAT VALIDAITON @
BURNET COUNTY FAIR BARN
4:30 PM - 6:30 PM**



NATURAL RESOURCES

For Natural Resources specific questions,
contact Kelly Tarla at
kelly.tarla@ag.tamu.edu or 512-756-5463

NATIONAL 4-H WEEK

October 1 - 7, 2023

This year's theme is

I ♥ 4-H!

Email Kailey a photo of
yourself involved in a 4-H
activity, and a sentence
about why you love 4-H for
a chance to be featured on
our 4-H Facebook page
during National 4-H Week!
Deadline: September 22



ADDITIONAL INFO

Grow. Texas.

Gardening for Health Contest

Youth will grow their own food, understand the connection between agriculture and health, and develop leadership skills!

Contest is open to youth in grades 6-12. Youth must grow a vegetables during September - December in one of the following: Container, Raised Bed, or Row Garden

Awards and Scholarships for Winners at Regional and State Levels

Apply by September 15 at
<https://tinyurl.com/nj8jdss6>

For More Information:
Dr. Julie Gardner
julie.gardner@ag.tamu.edu
979-321-5332
<https://texas4-h.tamu.edu/projects/food-nutrition/>

LOVE. *Tito's*  TEXAS A&M AGRILIFE EXTENSION

ADDITIONAL QUESTIONS?

Have additional questions about events and programs that are happening this month or are upcoming? Or general questions about the 4-H program or specific project areas? Contact (512) 756-5463 or go to <https://burnet.agrilife.org/4-h/>